



## DIOCESE OF RUMBEEK - SOUTH SUDAN

P.O. Box 21102 - 00505, NAIROBI - KENYA

### Women empowerment skill training and workshop report 2023.

#### Women's desk.

The catholic diocese of Rumbek women desk is hereby giving thanks to his Lordship, Bishop Christian Carlassare for his continuous support to the women's desk and for funding this Women empowerment training and workshop. The desk will remain in service to the community and continue to empower women to be self-reliance and strengthen them to eradicate poverty. We are forever grateful in the service of God. Lakes states has suffered severe wounds of civil wars, during inter-tribal conflict that caused broken homes, poverty and trauma. Women and children remain the most affected people in the communities, they are expose to abuses, exploitation and diseases and food security becomes problem. The women desk is here by submitting to your end this narrative report of the training and workshop as here below.

#### INTRODUCTION.

Women desk has completed four months women empowerment skills training on tailoring and bakery from 6<sup>th</sup>/feb/2023-8<sup>th</sup>/June/2023 and five days' workshop on peace building, trauma healing and entrepreneurship from 15<sup>th</sup>-19<sup>th</sup> may 2023. The trainings were conducted in St Monica women training center at Holy family Parish attended by women collected from different parishes i.e.; **Bunagok, Wulu, Cueibet, Agangrial, Thiet, Romic, Marial-lou, Warrap and St Teresa.** It was attended by 21 participants (women) all in tailoring, bakery and the workshop. The attendance list and photos are attached at the annex section here under.

## **Objectives:**

By the end of these training, participants will be able to;

- Be self-reliance
- Create their business and be independence
- Defines the term trauma, causes and healing
- Know how to reconnect to their communities and their neighborhoods.

## **Courses attended**

1. Tailoring.
2. Bakery.
3. Workshop on Trauma healing, Peace Building and entrepreneurship.

## **MATERIALS USED IN THE TRAINING.**

### **For tailoring**

- Clothing materials
- Scissors, simripers, threats, elastics and measuring tape.
- Tailoring rulers and sewing machines.
- Tressing Papers

### **For Workshop**

- Flip charts, note books, pens and marker pens.

### **For Bakery**

- Wheat flour, Croma, Blueband, sugar.
- Food coloring, salts and cooking oil.
- Eggs, rising agent, Icing Sugar.
- Gelatin and vanilla.

## ATTENDANCE

This training was attended by 21 beneficiaries(women) drawn from different parishes of the catholic diocese of Rumbek as here below.

S/no	Parishes	Number
1.	Bunagok	4
2.	Wulu	2
3.	Cueibet	2
4.	Thiet	4
5.	Agangrial	2
6.	Romic	2
7.	Marial-lou	2
8.	Warrap	2
9.	St. Teresa	1
10.	Total participants	21

### Approaches/Methods applied during course.

A participatory approach was adopted by using several methods which included:

- Whole class practical work.
- Group, individuals and pair work.
- Demonstration.
- Lecturing.

### **Impacts of the courses**

1. This training will help women to develop their skills.
2. Empowered them economically as they have acquired skill that will help them work for their own and be able to provides for their families.
3. Provide resilience and capacitate them to the peaceful coexistence.

### **Lessons learned during course training**

- The tribal conflict has contributed to the high level of dependency as it affected rural population and displace thousands of people internally.
- Economic hardship of the country affected very many households in the country and lakes state in particular.
- The inter-communal conflict and gender base violence has subjected women to distress and emotional torture that ends to trauma in most cases.

### **Challenge faced during course training**

- Interference/denial of some women by their husbands.

#### **Recommendations**

1. Since they courses are very important and have great impact for the young women in supporting their daily life due to the skills acquired, it is recommendable to be extended further to at least every year.
2. Target the most vulnerable group such as windows and orphans.
3. Increase the number of participants because the majority of the women of Rumbek lack these skills.
4. Warrap and Lakes states has been under the communal conflict for years, thousands of households being displaced and a hundred subjected to stress and trauma, more training on trauma healing is needed.

## **ANNEX SECTION**

### **Annex 1: attendance list of the participants.**

<b>s/no</b>	<b>Names</b>	<b>Sex</b>	<b>Location/p arish</b>	<b>Remark</b>
1.	MARTHA YAR MAYOR		Agangrial	Completed
2.	ELIZABETH KAYA BODU		Wulu	Completed
3.	HELLENEA ACHOL MAKUCH		Thiet	Completed
4.	REGINA ADUT MAYIK		Thiet	Completed
5.	CHRISTANA PIATH JIMA		Thiet	Completed
6.	MARY ACHOL ASSI		Thiet	Completed
7.	MADELLINA ARUOP MAJAK		Marial-lou	Completed
8.	ELIZABETH YELI ALOU		Wulu	Completed
9.	SIDOIA AJOK KUOL		Romic	Completed
10	MARY ALOK MACHAR		Romic	Completed
11	MADELLENA NYANGAK CHADHEN		Marial-lou	Completed
12	ELIZABETG ACHAN GABRIEL		Warrap	Completed
13	MARY ANGETH AYIENY		Warrap	Completed
14	SARAH NYIBOL DHUOR		Bunagok	Completed
15	BAKHITA AYEN MABOR		Bunagok	Completed
16	SOLOMA ACHOL MAKOI		Cuiebet	Completed
17	BAKHITA ANHIAK KUCH		Agangrial	Completed
18	ANGNES AWATE AGGREY		St Tereasa	Completed
19	Rebecca Ding Marual		Bunagok	Dropped out
20	Mary Akech		Bunagok	Dropped out
21	Victoria Yom Majak		Cuiebet	Dropped out

## Annex2 photos during the training and the workshop

Participants doing materials cutting session



During a startup of practical sewing.



During preparation of bakery class



Ready made cakes



During the workshop on peace building and trauma healing.



Group photo after the training.

